

# Stop and Ask Yourself

Are you feeling symptoms of anything that could endanger those we care for? **Please postpone your visit** if you have been exposed to Coronavirus (COVID-19) or have felt any of these symptoms:

- Fever • Sore throat • Cough
- Shortness of breath
- A general feeling of being unwell (body aches, chills)
- Respiratory problems

We welcome visitors, but we all need to be particularly cautious when visiting Sun Health campuses. **It's possible to spread contagious viruses even if you have no symptoms.** As a precautionary measure, everyone entering this campus is required to check in at the front desk.

Thank you for your cooperation, patience and understanding.



## **Please do not enter this campus if you:**

- Are currently sick or exhibiting signs of fever, cough or sore throat, shortness of breath, respiratory problems, diarrhea, nausea or a general feeling of being unwell.
  - Have traveled internationally in the last 14 days to areas with confirmed COVID-19 cases (or have been in close contact with someone who has).
  - Have traveled to a high exposure area within the United States in the last 14 days (or have been in close contact with someone who has).
- The CDC recommends you safeguard yourself and others, take the following precautions:
- Cover your nose and mouth with a tissue when you sneeze or cough.
  - Dispose of tissues immediately after use
  - Wash hands often with soap and water for 20 seconds, especially after coughing or sneezing. Use hand sanitizer if soap and water is not available.
  - Avoid touching your eyes, nose and mouth.
  - If you are sick, avoid contact with others so that you do not spread the infection.