

Quality health plans & benefits
Healthier living
Financial well-being
Intelligent solutions

aetna®

You can get well-being services
in your neighborhood

www.aetna.com

 **minute clinic™**



Want to start working on your health goals? Can't seem to find the time? Now you have a fast and convenient way to get started. Aetna makes well-being services available to you at MinuteClinic® walk-in medical clinics inside select CVS Pharmacy® locations — right in your own neighborhood.

Trying to quit smoking? Concerned with your weight? Interested in understanding your health screening numbers? Have a chronic condition such as diabetes, high blood pressure or high cholesterol you need help monitoring? MinuteClinic can help. Just follow these steps:

1. Visit your neighborhood MinuteClinic inside CVS Pharmacy. You can find your closest location at www.minuteclinic.com/locations.
2. Sign in at the clinic kiosk and choose from the following wellness services^{**}:
 - Smoking cessation
 - Weight loss program
 - Comprehensive health screening^{**}
3. Or choose from the following monitoring services^{***}:
 - Diabetes monitoring
 - High cholesterol monitoring
 - High blood pressure evaluation
4. Show your Aetna member ID card.

MinuteClinic providers will work one-to-one with you to help you reach your goals. It's personal and confidential. The details about your sessions will stay private. With your permission, MinuteClinic can send your doctor a copy of your records to keep everyone up to date.

Well-being services close to home — on your schedule

Visit your neighborhood MinuteClinic when you need care. It's open seven days a week, including evenings. You don't need an appointment. Just walk in.

You can also view wait times and hold your place in line before you leave the house. And you'll receive a text notification when you are next in line. Go to www.minuteclinic.com or download the CVS Pharmacy app.[†]

We understand your time is valuable. So is your health. We make it convenient for you to meet with a MinuteClinic provider and take another step along your path to wellness. It's right in your own neighborhood.

*Your Aetna medical plan's preventive benefits may cover these wellness services. If you have questions about your coverage, simply call the toll-free number on your Aetna member ID card.

**Coaching services available for screenings conducted at MinuteClinic inside CVS Pharmacy only.

***Additional charges may apply for tests associated with these services. If you have any questions about your coverage, just call the toll-free number on your Aetna member ID card.

†Restrictions apply. Visit www.minuteclinic.com for details.

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Aetna is not responsible for any component of the wellness coaching session. These coaching sessions are provided by MinuteClinic. This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain coverage. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Aetna and MinuteClinic do not guarantee any particular results from the wellness coaching program. Health benefits and health insurance plans contain exclusions and limitations. Not all services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and group size and are subject to change. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to www.aetna.com.

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