

POLICY: REOPENING FOR VISITORS FOR SKILLED NURSING & ASSISTED LIVING CENTERS

Original Implementation 9, Date:	′′′	viewed/	Area of Responsibility:	Administration/ Nursing	Version:	1.0
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PURPOSE: To provide guidelines for reopening FOR safe visitation with residents during the COVID-19 Pandemic

POLICY:

In accordance with CMS and per Arizona Department of Health Services (AZDHS) Guidelines, Sun Health will begin to allow visitation within the Skilled Nursing and Assisted Living (referred to HRCs or AL/MS) centers at the Sun Health Communities. Visitation will be determined by the level of Community Spread as well as meeting designated benchmarks.

PROCEDURES FOR SUN HEALTH COMMUNITIES TO DETERMINE REOPENING:

- Reopening for visitors and other activities will be based on the level of spread within the community (Maricopa County). The three levels of spread are identified as Substantial, Moderate and Minimal. Community spread levels are also defined by three additional benchmarks.
- 2. Definitions of the above are as follows:
 - Minimal spread: evidence of isolated cases or limited community transmission with no evidence of exposure in large communal settings;
 - b. Moderate spread: sustained transmission with high likelihood or confirmed exposure within communal settings and potential for rapid increase in cases;
 - c. Substantial spread: large scale, controlled community transmission, including communal settings (e.g., schools, workplaces).
- 3. Benchmarks defining the three levels of spread within Maricopa County are as follows:

Benchmarks	Minimal	Moderate	Substantial
Cases	<10 cases/100,000	10-100 cases/100,000	>100 cases/100,000
Percent Positivity	< 5%	5- 10%	≥10%
COVID Like Illness Hospital Visits	< 5%	5 - 10%	>10%

Benchmarks must fall within the moderate or minimal category in all three areas for the prior two weeks to allow visitation for those persons not considered essential or visiting for end of life. These benchmarks will be updated every week on the Department of Health Services website.

4. In addition to the requirements above, Sun Health Communities will ensure that the following are met per community:

- a. No outbreak in the previous two-week (14 day) period for the particular Community. An outbreak is defined as two or more confirmed (through laboratory confirmed testing) COVID-19 cases among residents and/or team members within 14 days that were caused by community spread
 - i. Community spread is defined as cases where contact tracing confirms they are epidemiologically linked and the positive cases do not share a living space.
- b. There is sufficient PPE per AZDHS for team members, residents and visitors; and
- c. There is sufficient staff to provide the care and services to the residents.
- 5. Notification will be made to residents, representatives and team members should any of the above no longer allow for in-person visitation.
- 6. Sun Health will update the status of visitation based on the benchmarks as they are updated.

PROCEDURE FOR VISITORS:

When visitors are allowed according to the benchmark data, to qualify for in-person visits with a resident, visitors will be required to provide the following:

- 1. A negative COVID test (either PCR or Antigen) result that is less than 48 hours old of the visit.
- 2. A signed attestation that they have remained in isolation between the time the test was taken and the scheduled visit. The visitor will be required to complete the screening prior to entering the building and must be free from symptoms.
- 3. Based on the AZDHS published data for benchmarks, as well as Sun Health's internal benchmarks, each Community will publish the following guidelines for visitors per community:
 - Day and time and location of the visit
 - Number of visitors per visit
 - Total number of visits permitted
 - Number of households that can be visited each day
 - Visits by appointment only
 - Length of visit
 - Visitor log for contact tracing purposes
 - Additional precautions determined by the facility

These guidelines by Center are attached as exhibits for each Sun Health Community.

The following guidelines must be followed to conduct an in-person visit within the Sun Health Communities' Centers:

- All visitors must be screened by staff prior to entering the building. Sun Health reserves the right to refuse entrance to any visitor who fails the screening
- Visitors and residents must always wear a clean mask
- Visitors must at least 18 years of age and not be attending in-person school
- Proper hand hygiene must be done before and after each visit
- Social distancing must always be maintained visits must be conducted no closer than 6 feet apart
- Visitors must only use public rest rooms.

- Visits will be conducted outdoors (according to temperature restrictions within the resident's
 treatment plan and individual medical condition) while community spread is at a <u>Moderate</u> level to
 decrease any risks to other residents and allow for proper sanitation between visits
- Visits may be conducted in resident suites/apartments while community spread is at a <u>Minimal</u> level if the resident does not have a roommate. During these visits, hand hygiene, face masks and social distancing requirements will remain in effect. Visits in the private residences must be less than 15 minutes.
 - o Longer visits may be scheduled in the designated indoor and outdoor visitor areas

Any visitor who violates any of the above guidelines, will be asked to end the visit and leave the building. Sun Health reserves the right to restrict visitors that would risk the health and safety of our residents and team members.

La Loma Village	Minimal	Moderate	Substantial
Day and time and location of the visit	Limited Outdoor visits as detailed in moderate AND Limited Indoor Visits Indoor Visits inside Cups Café or resident private rooms Monday-Friday (Holidays may be excluded) 9:00am-2:30pm Compassionate Care	Limited Outdoor visits Cups Cafe Patio Monday-Friday (Holidays may be excluded) 9:00am-2:30pm Compassionate Care	Compassionate Care Visits only Day, time and location will be established case by case
Number of visitors per visit	2 visitors maximum	2 visitor maximum	N/A
Total number of visits permitted per day per community	6 visits per day outdoor 6 visits per day indoor	6 visits per day maximum	N/A
Number of residents that the visitors can visit each day	1 resident per visitor per day (accommodations will be made for relatives in different levels of care)	1 resident per visitor per day (accommodations will be made for relatives in different levels of care)	N/A
Visits by appointment only	Yes – visitors must make an appointment in advance by calling the front desk	Yes – visitors must make an appointment in advance by calling the front desk	N/A
Length of visit	30 minute maximum visits for outdoor Cups patio and indoor Cups Café 15 minute maximum for visits in private residence	30 minute maximum visits	N/A

Visitor log for contact tracing purposes	Yes – visitors will sign in following screening process and will sign out following visit	Yes – visitors will sign in following screening process and will sign out following visit	N/A
Additional precautions determined by the Health Center	Visitors unable to visit if a resident is currently on isolation precautions or has other conditions that would make the visit unsafe	Visitors unable to visit if a resident is currently on isolation precautions or has other conditions that would make the visit unsafe	N/A
	Weather permitting (heat advisory, monsoon storms etc.)	Weather permitting (heat advisory, monsoon storms etc.)	
	No standing appointments will be scheduled	No standing appointments will be scheduled	
Additional visitation types allowed (hairstylists, entertainers, volunteers)	All additional visitors will comply with visitation policy *Ombudsman will have access to residents as required per 42 CFR §483.10(f)(4)(i) and per the Coronavirus Aid, Relief, and Economic Security Act (CARES Act).	*Ombudsman will have access to residents as required per 42 CFR §483.10(f)(4)(i) and per the Coronavirus Aid, Relief, and Economic Security Act (CARES Act).	*Ombudsman will have access to residents as required per 42 CFR §483.10(f)(4)(i) and per the Coronavirus Aid, Relief, and Economic Security Act (CARES Act).

^{*}Special accommodations requests must be submitted in writing and will be subject to approval by management.

Grandview Terrace	Minimal	Moderate	Substantial
Day and time and location of the visit	Limited Outdoor visits as detailed in moderate and Limited Indoor visits. Indoor visits inside the serenity room. Monday- Friday (exclude holiday) 9am - 2:30pm	Limited Outdoor visits Monday – Friday (exclude holidays) 9am -2:30pm	Compassionate care visits only Day, time and location will be established case by case.
Number of visitors per visit	2 visitors maximum	2 visitors maximum	N/A
Total number of visits permitted	6 visits per day outdoor 6 visits per day indoor	6 visits per day maximum	N/A
Number of households that can be visited each day	1 resident per visitor per day (accommodations will be made for relatives in different levels of care)	1 resident per visitor per day (accommodations will be made for relatives in different levels of care)	N/A
Visits by appointment only	Yes- visitors must make appointments in advance by call the front desk	Yes- visitors must make appointment in advance by calling the front desk.	N/A
Length of visit	15 minute maximum for visits in private room	15 minute maximum visits for outdoor	N/A
Visitor log for contact tracing purposes	Yes- visitors will sign in on screening forms and follow visitation process	Yes- visitors will sign in on screening forms and follow visitation process.	Yes- visitors will sign in on screening form.
Additional precautions determined by the facility	Visitors unable to visit if a resident is currently on isolation precautions or has other conditions that	Visitors unable to visit if a resident is currently on isolation precautions or has other conditions that	N/A Page 6 of 9

	would make the visit unsafe Weather permitting (heat advisory, monsoon storms, etc) Scheduled appointments will be rescheduled and visitation process will start over	would make the visit unsafe Weather permitting (heat advisory, monsoon storms, etc) Scheduled appointments will be rescheduled and visitation process will start over.	
Additional visitation types allowed (hairstylists, entertainers, volunteers)	All additional visitors will comply with visitation policy. *Ombudsman will have access to residents as required per 42 CFR §483.10(f)(4)(i) and per the Coronavirus Aid, Relief, and Economic Security Act (CARES Act).	*Ombudsman will have access to residents as required per 42 CFR §483.10(f)(4)(i) and per the Coronavirus Aid, Relief, and Economic Security Act (CARES Act).	*Ombudsman will have access to residents as required per 42 CFR §483.10(f)(4)(i) and per the Coronavirus Aid, Relief, and Economic Security Act (CARES Act).

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The Colonnade	Minimal	Moderate	Substantial
Day and time and location of the visit	Indoor Visit Assisted Living Private Dining Room for indoor visits Monday – Friday 8:00a-3:00p	Outdoor Visits Monday - Friday 8:00a-3:00p	Compassionate care visits only Day, time and location will be established case by case
Number of visitors per visit	No more than 2 visitors within the same party	No more than 2 visitors within the same party	N/A
Total number of visits permitted	8 visits per day indoor 8 visits per day outdoor	8 visits per day outdoor	N/A
Number of households that can be visited each day	1 household per day (accommodations will be made for relatives in different levels of care)	1 resident, unless spouse lives within the same apartment (accommodations will be made for relatives in different levels of care)	N/A
Visits by appointment only	Must call and make reservations in advance with the reception desk in the Assisted Living.	Must call and make reservations in advance with the reception desk in the Assisted Living.	N/A
Length of visit	45-minute visit to allow for disinfecting the visitors space No more than 15-minute visit for private residence visit.	Outdoor visits only; (according to temperature restrictions within the resident's treatment plan and individual medical condition)	N/A
Visitor log for contact tracing purposes	Required for entry upon each visit	Required for outdoor visits	Required for entry upon each visit

Additional precautions determined by the Health Center	Visitors unable to visit if a resident is currently on isolation precautions or has other conditions that would make the visit unsafe	Visitors unable to visit if a resident is currently on isolation precautions or has other conditions that would make the visit unsafe	Visitors unable to visit if a resident is currently on isolation precautions or has other conditions that would make the visit unsafe
Additional visitation types allowed (hairstylists, entertainers, volunteers)	All additional visitors will comply with visitation policy. End-of-life visits who follow all visitation policies *Ombudsman will have access to residents as required per 42 CFR §483.10(f)(4)(i) and per the Coronavirus Aid, Relief, and Economic Security Act (CARES Act).	Additional visitation will cease if community determines a "moderate" spread has occurred End-of-life visits who follow all visitation policies *Ombudsman will have access to residents as required per 42 CFR §483.10(f)(4)(i) and per the Coronavirus Aid, Relief, and Economic Security Act (CARES Act).	Additional visitation will cease if community determines a "substantial" spread has occurred *Ombudsman will have access to residents as required per 42 CFR §483.10(f)(4)(i) and per the Coronavirus Aid, Relief, and Economic Security Act (CARES Act).

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