

PAYACTIV

Sun Health has partnered with PayActiv to bring you a new benefit and ability to access your earned wages early!

- Benefit starts Saturday, January 23rd
- All Team Members are eligible for the benefit
- Access your regular and overtime earned wages early
- Obtain a VISA debit card from your HR Representative

Click on the links to view a quick benefit video

[PayActiv Video English](#) OR [PayActiv Video Spanish](#)

January Awareness Month






National Hot Tea Month
National Oatmeal Month
National Soup Month

January Awareness Day

- 01/18 – MLK Day
- 01/19 - Popcorn Day
- 01/21—Granola Bar Day
- 01/22—Celebration of Life Day
- 01/24—Compliment Day
- 01/26—Spouse Day
- 01/28—Have Fun at Work Day
- 01/31—Backward Day





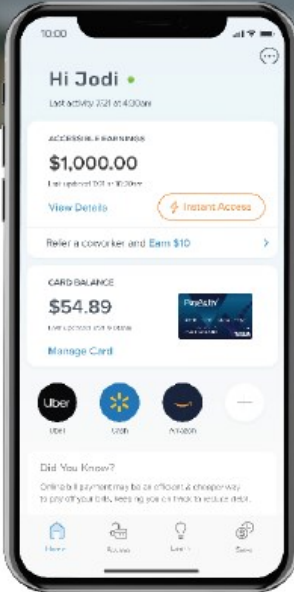



Financial Wellness at Your Fingertips

Access Choice - \$1

Access the money you've already earned to tackle life's expenses as they come.

- ✓ Access up to 50% of earned wages (\$500 max)
- ✓ Quick transfers to the PayActiv Visa® Prepaid or Payroll Card
- ✓ Electronic bill pay
- ✓ Easy savings tool
- ✓ AmazonCash load
- ✓ Visa® Instant Deposit (+\$1.99/transaction)
- ★ Unlimited transactions until the day is over†
- ★ 2-day transfers to any bank or card
- ★ Prescription discounts FREE
- ★ Financial counseling
- ★ Uber in-app service
- ★ Cash pickup from Walmart (+\$1.99/transaction)




Access Freedom - \$0 with direct deposit

Get everything from Access Choice and more.



Skip the \$1 fee† and get bonus benefits when you set up direct deposit‡ of your paycheck to the PayActiv Prepaid or Payroll Card.

- ✓ Access up to 50% of earned wages (\$1,000 max)
- ✓ Get your paycheck up to 2 days sooner* than payday



Download the PayActiv App* today!

* Standard data rates from your wireless service provider may apply.

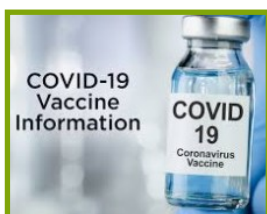



15 MINUTES TO WEDNESDAY WELLNESS

During the second Wednesday of each month the Wellbeing Champions will host a virtual Lunch & Learn. Team Members are encouraged to join us while enjoying their lunch and learning ways to live a healthier more vibrant life! Each L&L is scheduled for 15 minutes from 12-12:15pm. Below you will find the lunch and learn schedule as well as the materials distributed during previous lunch and learns. If you have any questions please reach out to your Wellbeing Champion. Please visit the Employee Portal > Wellbeing Tab > Lunch & Learns for more details.

Month	Presenter	Topic	Description
January	Yelitza	Vibrant Benefits 4U	Come join us as we discuss your company paid benefits & perks!
February	Michelle	Caring for YOU and YOUR Smile	Brush up & down and all around!
March	Financial Specialist	Plan Today for Tomorrow.	Sun Health Retirement Plans, Fun Facts & how to maximize your retirement benefit.
April	Teri	Easy Peasy Ways to Save Money	Come learn ways to easily save money.
May	Stephanie/Yelitza	Open Enrollment	All you need to know about Open Enrollment.
June	Fire Department	Heat & Water Safety	Heat & Water Safety is the key for a safe summer for you and me.

COVID VACCINE INFORMATION



Sun Health communities at The Colonnade, Grandview Terrace and La Loma Village continue to work with Walgreens and CVS pharmacies, our partners for the vaccine, to schedule clinics. You can anticipate hearing more on dates, times and locations this week. Please be on the lookout for that information. Other ways that you can protect yourself with getting vaccinated through the Arizona Department of Health Services you can contact: AZDHS: <https://podvaccine.azdhs.gov/> or call 602-542-1000*

*Currently this phone is providing an automatic message to call back due to high call volume, but expect it to subside. If logging into the website, please use Chrome/Firefox/Safari browsers on computer/laptop/iPad/iPhone. Android devices are not currently supported but will be coming soon.

Click [HERE](#) to view Employee Portal for updates on the Sun Health vaccine distribution and clinics.

FINANCIAL WELLNESS

Interested in taking better control of your finances? Log into Sun Health University provided by Pryor to begin taking the on-demand training. It consists of nine 6-7 minute videos providing tips, trick and tools to help further your financial decisions. Click [HERE](#) to access the link today!



My Training
Search for Training
My Account

Decision-Making: Financial (Part 1 of 9) -- Understanding Financial Decisions

Welcome to the Decision-Making: Financial video course meant to teach learners how to make effective financial decisions from a business context. This video lesson, Understanding Financial Decisions, is the first of nine. In this lesson, learners will become familiar with the definition and goal of a financial decision, as well as the four basic elements of sound financial decisions.

Course Length: 7 Mins



On-Demand Video

98POINT6—VIRTUAL CARE ANYTIME ANYWHERE

If you currently participate in Sun Health’s medical insurance you can take advantage of the benefits 98point6 has to offer. 98point6 allows you to meet with a healthcare provider from the comfort of your home 24/7 on-demand and it’s text-based.

Click [HERE](#) to watch a quick video to



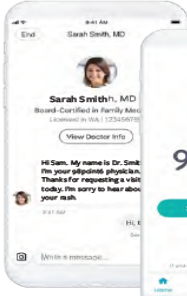
learn more about this benefit.


Banner | aetna 98point6

Introducing: Banner|Aetna’s New Virtual Care Solution—delivered by 98point6

Banner|Aetna now offers access to 98point6—on-demand primary care delivered via secure, in-app text messaging, that’s accessible anytime, anywhere. With 98point6, U.S.-based, board-certified doctors answer questions, diagnose and treat, outline care options, order prescriptions and labs as appropriate, and can refer to specialists and resources in the Banner|Aetna network, all through the convenience of one app.

HSA/High Deductible Health Plan Members: \$5 out of pocket cost per visit
All Others: \$0 out of pocket cost per visit*



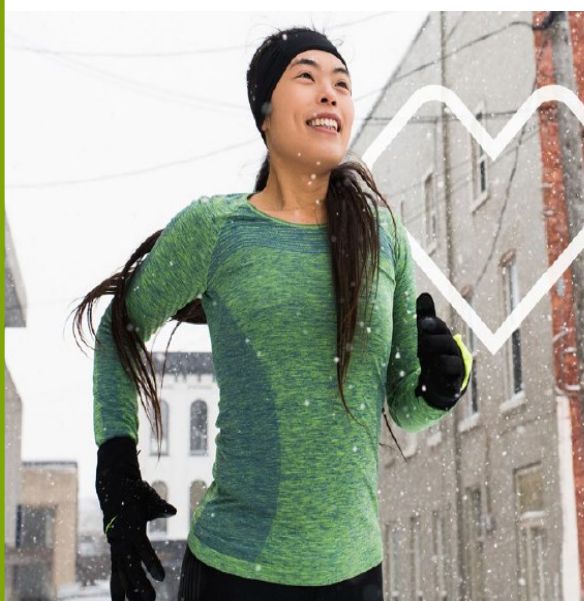


- 📄 **On-Demand**
Whether you’re feeling unwell or have a health-related question, simply sign in and start a visit whenever you’re ready. No appointment needed.
- 💬 **Text-Based**
Connect with a 98point6 doctor right from your phone. Get treatment for a cough at work or get care for your child’s stomach pain while at a weekend barbecue.
- 🏥 **Quality Care**
U.S.-based, board certified 98point6 doctors diagnose, treat, prescribe medication and order labs as appropriate and follow up. Audio and video support are also available as needed.
- 🕒 **24/7**
Virus in the middle of the night or itchy rash over the weekend? Get immediate, non-emergency care around the clock—even after hours and on holidays.

Available now for all employees and dependents ages 1+ enrolled in an eligible Banner|Aetna plan.

Get ready for a 98point6 visit today.
 Learn more at: 98point6.com/banner-aetna-members

Set yourself up for success



The time is now

New year, new challenges, new you



Remember your “why”

What’s your reason for wanting to change a habit? Taking the time to think about what really matters to you will help you reach your goals.



Start small

Focus on small goals first and take it one goal at a time. By doing so, you’re less likely to feel overwhelmed and more likely to stay the course.



Reach out for support

You don’t have to do it all alone. Consider teaming up with a family member or friend who’s aiming for the same goals you are. Make it a challenge!



Pat yourself on the back

Make sure to celebrate small successes. Giving yourself credit will help you stay motivated in the long run. So go ahead and hype yourself up!