



Healthy savings

As an Aetna® Supplemental Health Plan member, you and your covered family members can **save on a large variety of health and wellness products and services**. These are on many of the things you need and use every day.

We make it easy for you

Now you can access deals on some of your favorite brands available at local and national providers and retailers. And they can help you live a healthier lifestyle.

As part of the CVS Health® family, you can get discounts on:

- Eye exams and eyewear
- Fitness & weight-loss management programs
- Dental care
- Hearing aids and so much more

This discount program isn't insurance. There are no claims, referrals or limits. So you can use these discounts as often as you like. Why wait? **Start shopping and saving today.**

To review the discount programs available, log into your member website at <https://www.aetna.com/individuals-families.html>. Hover on the "Health and Wellness" tab at the top of the page. Select "Health & Wellness Discounts" from the drop down to explore the savings.

Save on eligible CVS Health® brand items



Enjoy 20% off eligible CVS Health brand products from our online catalog.* Choose from **hundreds of health-related items you frequently use**, like

- Vitamins
- Eye drops
- Allergy relief
- Cold medicines
- Pain relievers and more

Ready to browse and buy? View our [online catalog](#) 24/7 from the comfort of your home.

*Offer available online only. The 20 percent savings is restricted to items purchased for the member, spouse or dependents. Excludes prescriptions, lottery tickets, postage stamps, gift cards, money orders, pre-paid cards, photofinishing, **CVS.com** purchases and are not valid on other items reimbursed by a governmental program.



Save on vision care

Access the EyeMed network of **local and nationwide providers and retailers**. It includes LensCrafters®, Target Optical® and Pearle Vision®. *(Eye exams already covered by your plan will not receive an additional discount.)*

Save on:

- Eye exams
- Designer frames
- Prescription lenses
- Non-disposable contact lenses
- Non-prescription sunglasses and more

Ready to learn more? From the Health & Wellness Discounts page, go to the Vision tile and click on the “Get Vision Discounts”. Scroll down and click on the “Find a Provider” button. Or call us at **1-800-793-8616** to find a participating provider.

More eye-openers

Save on LASIK laser eye surgery. These providers offer experienced surgeons and locations across the U.S.

Learn more about Lasik discounts. Click on the Lasik tile or contact:

- LasikPlus at **1-800-422-6600** or visit **LasikPlus**
- QualSight Lasik at **1-855-239-2020** or visit **QualSight**
- U.S. Laser Network at **1-800-422-6600** or visit **U.S. Laser Network**



Save on dental care

Routine oral health care helps **prevent teeth and gum issues** before they start. You have access to special discounts that’ll help keep your mouth as healthy as it can be.

Save on:

- Teeth whitening
- Electronic toothbrushes
- Z Sonic™ toothbrushes
- Replacement brush heads
- Oral health care kits and more

Ready to browse and buy? From the Health & Wellness Discounts page, go to the Dental Health tile and click on the “Get Dental Discounts”. Scroll down and explore options for savings on dental products. Or call Z Dental at **1-888-228-7706** — mention you’re an Aetna member.



Save on at-home products

Monitor your health at home with ease. Omron® aids in heart health, pain management, fitness and respiratory health.

Save on:

- Blood pressure monitors
- Pedometers and activity trackers
- Electrotherapy TENS units (devices for pain relief)
- Many other Omron products

Ready to browse and buy? From the Health & Wellness Discounts page, go to the At Home Products tile and click on the “Get Home Discounts”. Scroll down and click on the “View all discounts” and use the Aetna10 code at checkout. Or visit **Omron** today.



Save on natural products & services

Nurture yourself inside and out. ChooseHealthy®* offers **discounts on specialty health care services** from more than 66,000 providers nationwide.

Enjoy discounts and more:

- Ease your stress and tension with therapeutic massage
- Heal pain or stress points with acupuncture
- Relieve neck and back pain with chiropractic care
- Get advice from registered dietitians with nutrition services
- Save on a wide variety of popular products from health and fitness vendors

Ready to learn more? From the Health & Wellness Discounts page, choose the Natural Products and Services tile and click on “Get Natural Discounts”. Scroll down to the “Visit ChooseHealthy” button to visit the **ChooseHealthy** site. To find a participating ChooseHealthy* provider, just call ASH Administrators Member Services. You can reach them at **1-877-335-2746**.



Save on fitness & weight management programs

Whether you’re looking to join a gym, track your progress with a wearable device or find some new workout gear, **you can save money**.

LifeMart® is a member discount program that offers a range of **savings on products and services**, like:

- Gym and virtual fitness programs
- Meal plans, meal kits and healthy meal delivery
- Workout apparel and equipment
- Yoga mats
- Fitness accessories, scales and more
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Ready to browse and buy? From the Health & Wellness Discounts page, choose the Fitness or Weight Management tiles click on the discount buttons. Or sign up directly on **LifeMart**.



Save on hearing aids & exams

You have options when shopping for a hearing aid that’s right for you.

You can get:

- Discounts on a large choice of hearing aids
- Savings on hearing exams and hearing aid repairs
- Up to 36 months of batteries and more

Ready to learn more? From the Health & Wellness Discounts page, choose the Hearing tile and click on “Get Hearing Discounts”. Scroll down to the “Visit HCS” or “Visit Amplifon” buttons. Or contact:

- Hearing Care Solutions at **1-866-344-7756** to schedule an appointment. You’ll receive an informative welcome packet before your appointment.
- Amplifon Hearing Health Care at **1-877-301-0840** to order a validation packet. When you get the packet, make an appointment with a provider near you.

**In certain states, the member may need a referral from their doctor to a ChooseHealthy provider before they can be treated.*

Policies are insured by Aetna Life Insurance Company (Aetna). Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Refer to [Aetna.com](https://www.aetna.com) for more information about Aetna® plans. Aetna is part of the CVS Health® family of companies.

DISCOUNT OFFERS ARE NOT INSURANCE. They are not benefits under your insurance plan. You get access to discounts off the regular charge on products and services offered by third-party vendors and providers. Aetna makes no payment to the third parties — you are responsible for the full cost. Check any insurance plan benefits you have before using these discount offers, as those benefits may give you lower costs than these discounts. Not available to NY policyholders. **CALIFORNIA** If you have questions about any of the discounts, call the number on the back of your ID card. For HMO members, any complaints about these discount offers may be submitted using the process described in your Evidence of Coverage.

Discount vendors and providers are not agents of Aetna and are solely responsible for the products and services they provide. Discount offers are not guaranteed and may be ended at any time. Aetna may get a fee when you buy these discounted products and services.

Hearing products and services are provided by Hearing Care Solutions and Amplifon Hearing Health Care. Vision care providers are contracted through EyeMed Vision Care. LASIK surgery discounts are offered by the U.S. Laser Network and Quasight. Natural products and services are offered through ChooseHealthy®, a program provided by ChooseHealthy, Inc., which is a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy is a registered trademark of ASH and is used with permission.